

# Kingston Parish Newsletter

## February 2009

Number 298

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Kingston History Society [www.kingstonlocalhistory.co.uk](http://www.kingstonlocalhistory.co.uk)

We are now well into 2009 a year which will see a number of changes to all our lives. One which is coming upon us fast is the change over for television to go digital, probably the biggest change to broadcasting since colour was introduced. Many of us are likely to have the change over in August this year but it is possible some will be affected in April if you receive your signal from the Beacon Hill transmitter. The Parish Council is to arrange an information workshop in the reading room in March which most if not all should find of use. Look out for full details next month. Don't forget your tickets for the Valentines party and also in March is an Irish Night in aid of Active Kingston. So it is hoped that you will support these events in aid of village projects.

We are all very sad at the passing of Chris Freeman and our sympathies go out to Viv and all the family.

*David*



## Valentine's Party



All Welcome.


**Saturday 14th February**  
8pm to 12pm  
At Kingston Reading Rooms

**£5 per ticket**  
Jennie 810104 and  
Mandy 07707 161285


Live Music by  
**"STREET TALK"**  
(80's/90's Rock & Pop)



Bring your own Drink and a plate of nibbles.



All profits to K.Y.P.A.



**PARISH CHURCH ALTAR FLOWER ROTA**



2009

Feb 1st & 8th	Janet Gilbreath
Feb 15th & 22nd	Kathryn Pinkerton
March 1st to April 5th	LENT - NO FLOWERS
April 12th & 19th	EASTER - All helpers please
April 26th & May 3rd	Jennie Stanley
May 10th & 17th	Margaret Birch
May 24th & 31st	Caroline Carter
June 7th & 14th	Ruth & June Jarvis
June 21st & 28th	Betty Helps
July 5th & 12th	Sylvia Compton
July 19th & 26th	Helen Brown
Aug 2nd & 9th	Carol Walters
Aug 16th & 23rd	Caroline Thomas
Aug 30th & 6th Sept	Jean Moore
Sept 13th & 20th	Kit Connor
Sept 27th & Oct 4th	Wendy Smith
Oct 11th & 18th	Margaret Joiner
Oct 25th & Nov 1st	Sue Irving
Nov 8th & 15th	
Nov 22nd & 29th	Di Phillips
Dec 6th & 13th	Jeannie Curtis
Dec 20th & 27th	CHRISTMAS - All helpers please
<b>2010</b>	
Jan 3rd & 10th	Kathryn Pinkerton

\*\*\*\*\*

**200 CLUB**

The winners in the December Draw are as follows:-

204	Mary Wakeling	£20
198	Mary Williams	£20
73	Doreen Hodges	£20
164	John Sibley	£15
82	Peter Hanford	£10

The next draw will be on the last Tuesday of January at the Morning Market

Good luck  
Margaret Birch

**TUESDAY MARKET TEA/COFFEE ROTA**



**2009**

Jan	27	Judy Alloway
Feb	3	Anne Scarrat
	10	Chris Pryor
	17	June Jarvis
		Jenny Jarvis
	24	Wendy Smith
Mar	3	Joyce Masters
		Cynthia Smith
	10	Kit Connor
	17	Margaret Birch
	24	Chris Pryor
	31	Anne Scarrat
April	7	Judy Alloway

**Many thanks to Joyce and Cynthia for joining us.**

Chris Pryor 810688

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**DATES FOR YOUR DIARIES**

Morning Market every Tuesday 10 a.m. till noon

Mother & Toddler Group every Wednesday 10-11.45am  
(Bigbury Memorial Hall)

**2009**

Feb. 14 <sup>th</sup>	8pm	Valentine's Party R/R
Feb 26 <sup>th</sup>	8pm	History Society Talk R/R.
		History of Totnes
March 14 <sup>th</sup>	7.30pm	Irish Night with Hog Wash

**IRISH NIGHT - STARRING HOGWASH**

**14 March 2009 - 7.30pm**

Singing, Dancing and Lots of Laughing!!!!!!

Buffet and Raffle

£7.50 per ticket

BYO

Another great village night.

Bring along your dancing shoes.

Limited Tickets available

(on sale from February 25<sup>th</sup>).

Proceeds in Aid of Active Kingston.

Contact Tania 811164

**Copy for March newsletter by  
Monday 23<sup>rd</sup> February Please**

**Editor**

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## SOUTH HAMS MOBILE LIBRARY VISIT

2009

The Mobile Library visits on a Friday every 2 weeks on the above dates Outside the Fire Station arriving at 16.00 departing at 16.30

06-Feb	20-Feb
06-Mar	20-Mar
03-Apr	17-Apr
01-May	15-May
29-May	12-Jun
26-Jun	10-Jul
24-Jul	07-Aug
21-Aug	04-Sep
18-Sep	02-Oct
16-Oct	30-Oct
13-Nov	27-Nov
11-Dec	HOLIDAY

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## NEIGHBOURHOOD WATCH

In the past six weeks we have seen six thefts of household heating oil from bulk tanks located at the sides of houses, often in quite isolated locations. Householders are asked to check their levels frequently, to fence off tanks wherever possible, and ensure someone is home to check on deliveries.

Anyone wishing to report a crime or suspicious activity should ring 08452 777444

## Bella's Flowers

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## GILL'S THOUGHTS 2009

South Hams Mobile Library made a step into the 21<sup>st</sup> Century in 2008 by adopting a computer issue system. Now we can track all the books, which is a big improvement to the service. Our customers need to remember to bring their tickets each time they use the mobile library and most of them do – thank you.

We continue to offer a personal touch and can perform most of the services of a branch library because we are part of the county-wide service offered by Devon Libraries. We can't yet offer computer access on the mobile, but you can visit your local library to get a free half hour per day online.

We can get any book in print or in audio format, DVD or CD that you want and bring it to your neighbourhood for you. Popular books recently have included "The Return" by Victoria Hislop and "Friday Nights" by Joanna Trollope as well as the latest thrillers - all available on the Mobile Library. Other items may have to be ordered, like a recent request for the words and music of a Victoria Wood song for a harvest Festival presentation. Our large size picture and local history books are often borrowed by friends and partners for the housebound to reminisce.

The highlight of 2008, for me, was my nomination (by a customer's family) for the Local Government Worker of the year. This is a nationwide competition, now in its third year. It includes all Local Government employees in Great Britain, from social workers to firemen, carers to highway maintainers and, of course, librarians. A short video of the six finalists in each of the six categories was put online in May and voting continued until the awards ceremony in July. The winner in my category – Care and Commitment – was a Community Worker from Doncaster, nominated for his work in helping the flood victims in Toll Bar. The Awards dinner at Bournemouth International Centre was amazing, involving 55 finalists and supporters and was hosted by Jeremy Vine. The highlight of my evening (and my claim to fame) was being interviewed on camera by Jeremy. I must acknowledge the help given by Kingsbridge Library staff and the Library Manager Wendy Bloomer. Their support was brilliant and over the top at times! I hope the award goes from strength to strength, as local government employees are not often recognised for doing their job. So thank you to Devon County Council and to everyone who voted.

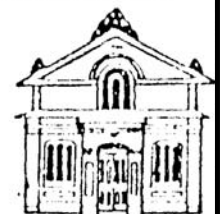
Have a Happy 2009

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## THANK YOU

Viv and family would like to thank you all for your help and kindness over the last few weeks, special thanks must go to Geoff who has been an absolute star, We hope you all enjoyed Chris's final party, with over 200 turning up she would have been proud, thanks also for the donations to The Children's Hospice South West, money is still coming in but we will top it up to £1000, and send it off at the end of the month. You may have heard that Chris, being organised as ever, has left us a list of instructions, one of which was to include the following in the newsletter:-

If I should go before the rest of you,  
Break not a flower, nor scribe on stone.  
Nor speak in a Sunday voice,  
But be your usual self that I have known.  
Weep if you must, parting is hell.  
But life goes on so sing and smile as well.

## Do it now

by Berton Braley

If with pleasure you are viewing  
any work a man is doing,  
If you like him or you love him,  
tell him now;  
Don't withhold your approbation  
till the parson makes oration  
And he lies with snowy lilies on his brow;  
No matter how you shout it  
he won't really care about it;  
He won't know how many teardrops you have shed;  
If you think some praise is due him  
now's the time to slip it to him,  
For he cannot read his tombstone when he's dead.

More than fame and more than money  
is the comment kind and sunny  
And the hearty, warm approval of a friend.  
For it gives to life a savor,  
and it makes you stronger, braver,  
And it gives you heart and spirit to the end;  
If he earns your praise - bestow it,  
if you like him let him know it,  
Let the words of true encouragement be said;  
Do not wait till life is over  
and he's underneath the clover,  
For he cannot read his tombstone when he's dead.

## Police Report for Kingston Parish Newsletter

### Pc Steve Mutton Neighbourhood Beat Manager

Following Jean Moore's report on vandalism in Kingston in the last issue of the parish newsletter I have asked to write a follow up report to the parish regarding the issue. I'm very grateful to Jean Moore for the efforts she has made with both the residents of the parish and the police in addressing this problem. Kingston is a beautiful village, which in my thirteen years at Kingsbridge Police Station has seen very little crime. It is with this history in mind that I was saddened by the recent spate of graffiti, criminal damage and also one burglary that has occurred in or around the village in recent months. Stolen from the burglary was a valuable white telescope.

I have to report that several of these incidents in Kingston were not officially reported to police. It was only once several had occurred that it was brought to our attention. One of my main roles as your Neighbourhood Beat Manager (Community Policeman in old money) is to try and identify current trends of crime very locally and address them at an early stage to ensure something small does not become something big, and affect your quality of life. Much of the damage that has occurred could be considered by many to be fairly minor. This may be the reason why it has not been reported to police at the time it has occurred.

I believe there is real value in small communities dealing with certain issues "over the fence" before getting the police involved. However the neighbourhood policing team at Kingsbridge is committed to addressing problems while being sensitive to local issues. For this reason I would encourage anyone who has been a victim of any crime to come forward and record the matter with the police. Many of the resources I have access to need evidence to back up their use. The first evidence to be considered is the amount of recorded crime in a particular area. Experience has shown that in areas like Kingston where support for the efforts of the police are quite high, it only takes the site of a uniform or a word in someone's ear to nip a problem in the bud.

So please contact myself at Kingsbridge Police Station on 08452 777444 with any information regarding crime or community issues you have. If you would like to see me personally, all you have to do is ask and I will contact you and make an appointment to see you. I can also be contacted by email on [steve.mutton@devonandcornwall.pnn.police.uk](mailto:steve.mutton@devonandcornwall.pnn.police.uk).

\*\*\*\*\*

## HISTORY SOCIETY

Our next event will be on THURSDAY 26th FEBRUARY at 8pm in the Reading Room - a Talk by Mr Mann re "The History of Totnes".

If you would like any more information re our Society, or would like to join us, please contact Jennie Stanley, 810819 or Joyce Masters, 810340.

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There's no doubt about it, walking is good for you. It's good for your heart, it's good for your lungs, it's good for the muscle and bone growth of your children and it's good for your feeling of wellbeing! Strong scientific evidence now supports the many benefits to health of regular walking – it is recommended that we take at least 10,000 steps a day.

Studies show that walking can:

- Reduce the risk of coronary heart disease and stroke
- Lower blood pressure
- Reduce high cholesterol
- Reduce body fat
- Enhance mental well being

Walking offers a great way to help kids get the active habit. If parents express excitement about the prospect of a walk in the countryside, they are more likely to transmit this feeling to their children. It's important to treat the walk as an exploration or adventure and to go at the child's pace, no matter how often they want to stop and look at things; take treats to eat and plenty to drink; and head for some landmark that will appeal to them such as a castle, a playground, an ice cream van or a boating pond. If children experience walking as part of a fun activity they are more likely to want to go again.

So, how do you find out what is on offer? John Harris, a keen walker, got fed up with the lack of information on walks that were going on in the County. So, he decided that if he couldn't find what he was looking for – he had better create it! So <http://www.walkingindevon.co.uk> came into being.

<http://www.walkingindevon.co.uk> gives you all the information you need for the best walking in the County:

Details of more than 120 walks to download and print free, details of all the Devon walking groups, maps and walk books – plus loads more information.

So check out the website and get walking!



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\*\*\* **H E L P** \*\*\*



We urgently need to recruit **New** members, in order to strengthen our team squad, thus enabling us to continue competing effectively in both the South Hams League and Cup competitions.

We cannot afford a signing on fee!!

**but**

we can offer:-

- Free membership for the rest of this club year – end of April 2009
- Free Bowling for a trial period of 1 month and only £1.00 per evening session thereafter (To be reviewed May 2009)
- Free instruction/training
- Use of club bowls free of charge
- Free tea or coffee and biscuits

Why not come along to the Reading Room, at 7pm for a 7.15pm start, any Friday evening until the end of February and any Monday or Friday thereafter.

So please give it a try, its fun, it costs you nothing, you will be made most welcome and who knows you could be the **star player** we are all waiting for!!

For further information, or any queries, ring:

**Graham Phillips - Captain on 810054**



**Julie**

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## ENERGY SAVING TIPS

Your energy savings tips for this month

	<b>1</b> Turn your thermostat down. Reducing your room temperature by 1°C could cut your heating bills by up to 10 percent could save around £60 per year. If you have a programmer, set your heating and hot water to come on only when required rather than all the time.
	<b>3</b> Close your curtains at dusk to stop heat escaping through the windows and check for draughts around windows and doors.
	<b>4</b> It is estimated that 1 in 3 lights on in a home in the evening are in empty rooms. Always turn off the lights when you leave a room.

## THANK YOU

Dear Kingston, may I express my many thanks for all the good wishes and thoughts. Also to all my friends and neighbours who have done my shopping for me and cooked meals and pies for Christmas. Kingston is a village second to none. Thank you for all your concern.

A very appreciative Mike

\*\*\*\*\*

## EXERCISING YOUR MIND ABOUT EXERCISING?

The Devon Countryside Access Forum is currently recruiting new members. It's a statutory forum which advises on improving opportunities for outdoor recreation such as walking, cycling, riding and canoeing. This is a voluntary opportunity to work with other people and use your enthusiasm, experience, expertise and ideas on recreation issues to influence policies at local and national level. We would be particularly keen to hear from you if you can represent young people or other groups who do not get out and enjoy the countryside. With health and fitness high on the agenda the Forum's work is very topical and the Forum is involved in advising on many projects in Devon which increase possibilities for getting out and about.

The Forum meets three or four times a year and there are occasional working groups and training days, as well as matters to deal with between meetings.

If you're interested in finding out more look at [www.devon.gov.uk/devon countryside access forum](http://www.devon.gov.uk/devon_countryside_access_forum) or alternatively e-mail [devoncaf@devon.gov.uk](mailto:devoncaf@devon.gov.uk).  
Tel: 01837 810921.

## THANKS

Through your magazine I would like to thank everyone who sent me cards and flowers after my unfortunate accident. I feel extremely lucky to live among so many caring people.

Dane and the family have been spoiling me rotten, keeping the supply of soup and ice cream coming regularly!

A special thank you to Lesley who has given Boo a couple of really exciting days with her dogs over at Kingston, to Lana who appeared at the end of my bed just before going into theatre, and also to Ray, Nicky and Sharon for helping to keep the shop going.

Hilary Vanstone

\*\*\*\*\*

## PARISH COUNCIL NEWS

South Hams District Council has announced that there will be no increase in Council Tax in 2009/10 .

There will also be no increase in car parking charges for 2009/10.

A reminder that the new Residents' Concessionary Parking Scheme will come into operation on 1st February. This will give free parking from 4pm to 10am all week in all of the Council's car parks. A permit costs £10.00 per annum. Full details on SHDC's website [www.southhams.gov.uk](http://www.southhams.gov.uk)

Kingston Parish Council has set its Precept at £6500.00 for the financial year 2009/10. This will be at the same level as last year.

### WE'RE HERE FOR YOU

Your Councillors are:  
Judy Alloway (810692)  
Dick Bond (810747)  
Jeannie Curtis (810718)  
Jean Moore (810597)  
Andy Smith (810125)  
Mike Uttley (810476)  
Eve White (810289)  
Clerk: David Hansford (853363)  
(Mondays & Thursdays 830222)

MONTH	READING ROOM BOOKING SCHEDULE			
	PERIOD	PERIOD	PERIOD	PERIOD
<b>FEBRUARY</b>	1st - 7th	8th - 14th	15th - 21st	22nd - 28th
<b>SUNDAY</b>				
Morning				
Afternoon				
Evening				
<b>MONDAY</b>				
Morning	Play Bus	Play Bus	Play Bus	Play Bus
Afternoon				
Evening	Bowls	Bowls	Bowls	Bowls
<b>TUESDAY</b>				
Morning	Morning Mkt.	Morning Mkt.	Morning Mkt.	Morning Mkt.
Afternoon				
Evening	Inter Parish Quiz	Keep Fit	Keep Fit	Keep Fit
<b>WEDNESDAY</b>				
Morning	Art Group		Art Group	
Afternoon				
Evening	KYPA	KYPA	KYPA	KYPA
<b>THURSDAY</b>				
Morning				
Afternoon				
Evening				
Evening	RRMC		Parish Council	History Society
<b>FRIDAY</b>				
Morning				
Afternoon				
Evening	Bowls	Bowls	Bowls	Bowls
<b>SATURDAY</b>				
Morning				
Afternoon				
Evening		Valentine Party		
Known bookings up to the final date for copy for the Newsletter				

## NEW READING ROOM HIRE CHARGES - REMINDER

New Hire Charges are as follows:-

Regular User Groups      £6 per session - Main Hall  
£5 per session – Downstairs Meeting Room

Room Hire by Villagers      £25 per session

Other Hire      Negotiable from £80

**ALL WITH EFFECT FROM 1<sup>st</sup> FEBRUARY 2009**

All enquiries to:  
Wendy Easton, Bookings Secretary - 810236

## LOCAL CHURCH SERVICES IN FEBRUARY

Date	Bigbury	Kingston	Ringmore
Feb 1 <sup>st</sup>	11.00 a.m. Family Service	9.00 a.m. Communion	11.00 a.m. Family Service
8 <sup>th</sup>	11.00 a.m. Family Service with Baptism	6.00 p.m. Evening Prayer	9.00 a.m. CW Communion
15 <sup>th</sup>	9.00 a.m. BCP Communion	11.00 a.m. Family Service	6.00 p.m. Evening Prayer
22 <sup>nd</sup>	11.00 a.m. Family Communion	6.00 p.m. Evening Prayer	9.00 a.m. BCP Communion
25 <sup>th</sup>	2.30 p.m. Korniloff Commu'n		

### Flu, Falls and Funerals

Happy New Year was the January message, and it was written just before Christmas, but the start of the year brought less happy events. Tragic bereavements, lots of illness, the Old Chapel closure and then Dane comes up with the worst wife beating excuse ever! "Hilary fell on the lawn, and broke her jaw". Honestly: only joking but I shouldn't because this accident followed attacks of the splutters, headaches and throats for both of them. Like the others they did not deserve the bad that came upon them.

This time last year the February article was all up-beat looking forward to the many weddings booked in the Churches, and they were all joyful occasions. Each had their own special moments, but those present will never forget the huge clap of thunder when the question was asked about any just cause or impediment to Roy and Annabelle's marriage. The expression on Roy's face made me wish that even the Vicar had been carrying a camera. The voice of God? No I don't think so, but it did underline the serious commitment being made by a young couple with hopefully a good future.

None of us know what is around the next corner, and it pays to take the very best out of each day we are given here on God's earth. One of the departures was Chris Freeman, the lovely British Legion standard bearer from Kingston. In death as in life Chris was very clear what she wanted, and this verse was read at her funeral. It is a good guide for all of us, as we move forward to better times from difficult 2009 beginnings:-

If with pleasure you are viewing,  
anything a man is doing  
If you like him or if you love him; tell him know

Don't withhold you approbation  
Till the Parson makes oration  
And he lies with snowy lilies on his brow

For no matter how you shout it  
He won't really care about it.  
He won't know how many tear drops you have shed


If you think some praise is due him  
Now's time to slip it to him  
For he cannot read his tombstone when he's dead

More than fame and more than money  
Is the comment kind and sunny  
And the hearty warm approval of a friend

For it gives to life a saviour  
And it makes you stronger braver.  
And it gives you heart and spirit to the end

If he earns your praise bestow it  
If you like him, let him know it.  
Let the words of encouragement be said

Do not wait till life is over  
And he's underneath the clover.  
For he cannot read his tombstone when he's dead  
*John Elliott (830688)*

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"My Frozen shoulder is fully mobile & pain free in 2 visits & tennis elbow better in 1" Mr P.

"I am now pain free in my back after 30 years of suffering" Mrs F.

"Jean helped me through menopause & insomnia very quickly" Mrs H.

"My M.E. has improved dramatically" Mrs C.

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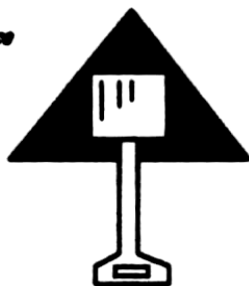
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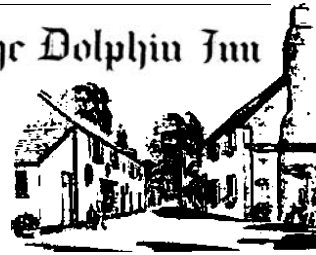
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